

Please consult the Aspira\* System or Drainage System Patient Guide for warnings, cautions and full instructions for use.

### Step 1: Prepare the Workspace

STEP 1

1. Clear space on table.
2. Clean surface with disinfecting wipe.
3. Wash hands with warm soapy water. Scrub for one full minute. Dry with a clean towel.
4. Place supplies on cleaned area.

### Remove Dressing Only If:

1. It has been one week since you changed the dressing.  
- OR -
2. Your doctor recommended changing the dressing at every drainage.  
- OR -
3. The area under the dressing is moist.

Wash Hands Again Before Draining



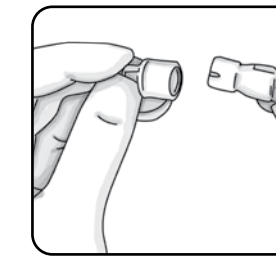
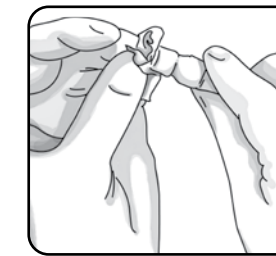
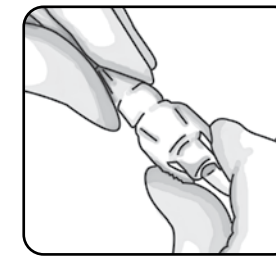
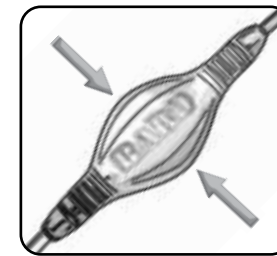
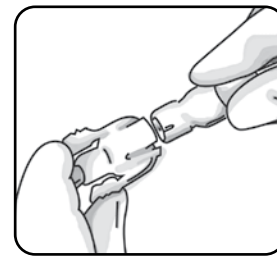
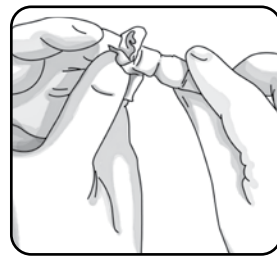
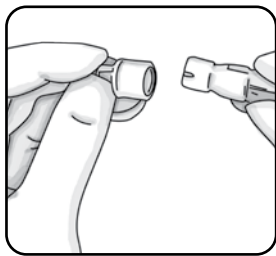
For additional information, please visit:  
[www.myaspira.com](http://www.myaspira.com)  
[www.bardaccess.com](http://www.bardaccess.com)

### Step 2: Drainage Procedure

STEP 2

**NOTE: If the catheter is taped to the skin with tape strips, remove the tape. NOTE: If the catheter is damaged, place the slide clamp (in kit) between the catheter damage and the exit site. Contact your doctor.**

1. Peel open the pouch with the drainage kit.
2. Remove and discard valve cap from catheter valve.
3. Wipe catheter valve with alcohol pad.
4. Connect drainage line to catheter. You should hear or feel a click when secure.
5. Place bag on a flat surface at least arms length **below chest or stomach.**
6. Squeeze pump one time. Let fluid drain until bag is full or fluid stops flowing. If fluid does not flow, refer to troubleshooting section.
7. When fluid stops or bag fills to 1,000 ml, from the chest or 2000 mL from the abdomen. Disconnect drainage line from catheter.
8. Wipe catheter valve with new alcohol pad.
9. Place new valve cap on catheter valve.



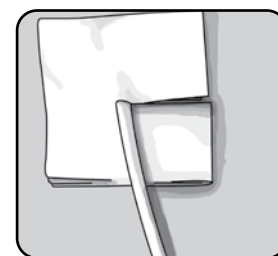
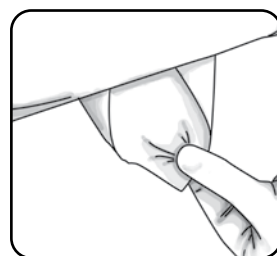
### Step 3: Dressing Procedure: If it is not time to change your dressing, tape the catheter to the skin and skip to step 4

STEP 3

**NOTE: Look at the exit site and skin around it. If you notice any redness, swelling, oozing or have pain at the exit site, finish draining and call your doctor.**

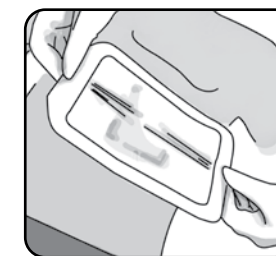
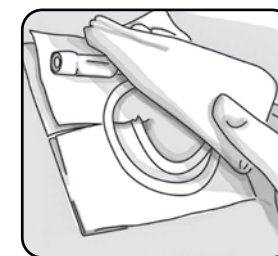
1. Peel open the pouch with the dressing supplies.
2. Remove the gloves from the pouch.
3. Pick up glove at cuff end and place on hand.
4. Pick up second glove with the gloved hand and place it on your other hand.
5. Remove sterile sheet from the pouch and place it on prepared workspace.
6. Lay sheet flat so you can see dressing supplies.
7. Clean skin around exit site with alcohol pad.

- NOTE: Make sure exit site and skin are dry before proceeding.**
8. Place split gauze pad on skin around catheter.



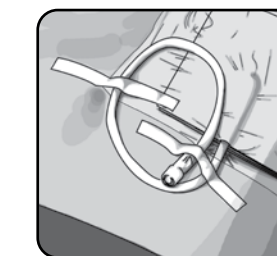
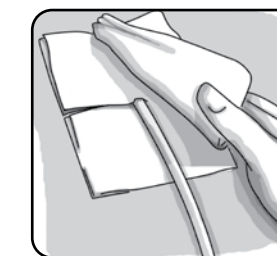
### Dress At Every Drainage

1. Coil catheter on top of split gauze pad. Place gauze on top of the catheter.
2. Place clear dressing over catheter and gauze.



### Dress Weekly

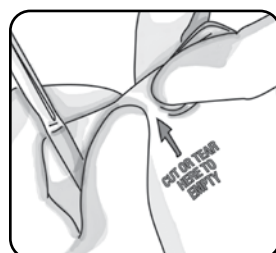
1. Place gauze on top of catheter. Place clear dressing over catheter and gauze.
2. Tape exposed catheter to skin.



### Step 4: Discarding Fluid and Used Supplies

STEP 4

1. Over the toilet, tear or cut the corner of drainage bag.
2. Empty fluid into toilet.
3. Throw drainage bag and used supplies into trash.
4. Wash hands.



**CAUTION:** If you have any of the following symptoms, complete the drainage and contact your doctor. Visit an emergency room or call 911.

- Redness, swelling, oozing or have pain around the exit site.
- Shortness of breath that isn't relieved after draining 1,000 ml from the chest or 2,000 mL from the abdomen at one time.
- On-going chest pain or shortness of breath but little or no fluid is draining from the catheter.
- Less than 25-50 ml drain during each drainage for 3 drainages in a row.
- The appearance of your fluid changes a lot between drainages.
- Body temperature above 100.5°F (38°C).

**CAUTION:** Do not drain more than 1,000 ml from the chest or 2,000 mL from the abdomen in any one drainage.

**CAUTION:** If fluid spills, clean using soap and warm water for clothing and skin and use bleach for household items.

**NOTE:** Do not recycle used drainage bags.

**NOTE:** If the catheter moves in and out of the exit site, call your doctor.

**NOTE:** If you feel dizziness, light headed or blurred vision, you may have low blood pressure. Stop draining. Call your doctor.

**NOTE:** Always follow the recommended cautions and orders of your healthcare provider.

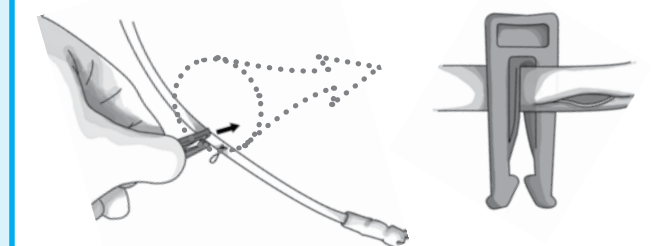
**TROUBLESHOOTING:** If the flow of fluid does not start, check the connection. Gently squeeze the pump again. If this still does not work, try using a new drainage kit. If unable to start flow, contact your doctor.

Drainage Kit  
Reorder Number  
**4991502**

Dressing Kit  
Reorder Number  
**4991503**

866-443-3471 (Home Supply Ordering)  
866-893-2691 (Clinical Information)  
[www.myaspira.com](http://www.myaspira.com)

**NOTE: If the catheter is damaged, place slide clamp provided in drainage kit between the damage and catheter exit site. Call your doctor.**



An issued or revision date is included for the user's information. In the event two years have elapsed between this date and the product use, the user should contact Bard Access Systems, Inc. to see if additional product information is available. Revised: August 2010

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